



IN THE DOG DAYS OF SUMMER, time seems to pass more slowly—for better and for worse. Burnout may be an occupational hazard for lawyers, but the hot months may see more than their share of soul-searching.

Until you are able to move full-time into a casita in the Bahamas, you may be seeking ways to heighten your sense of fulfillment in practice—beyond merely gazing out the window into the middle distance.

This month, we feature an article describing steps that may help you avoid the path to burnout. In it, the author examines some disciplines to enhance well-being. As an instructor, he points to the work of Steven Keeva, a senior editor at the *ABA Journal*. Are these disciplines an antidote to burnout and boredom? Let me know what you think.

Also featured this month is an article on the effective defense of high-level corporate officials. Whichever side of the aisle on which you might work, the article provides detailed and valuable guidelines on the apex official and the discovery process.

Finally, the State Bar has a new President in Nicholas Wallwork. Read inside about his goals for the Bar and for the practice of law. He says that his focus will be on listening to members and on nurturing the core values that make the law an esteemed profession. As in our cover story, Wallwork seeks to remind lawyers of the privilege and responsibility they share by acting as counselors to others. He is a man who remains energized by law practice—whatever the temperature.

*Tim Eigo*

## Author, Author!

ARIZONA ATTORNEY SEEKS SUBMISSIONS FROM READERS ON TOPICS THAT INTEREST YOU, PRACTICING LAWYERS. WE WELCOME:

- E-MAIL OR LETTERS PROPOSING ARTICLES.
- ARTICLES ON SUBSTANTIVE LEGAL TOPICS.
- STORIES ON TRENDS IN LAW, POLITICS AND POLICY.
- LAWYER PROFILES OR PROFILE IDEAS.
- STORIES ON TOOLS THAT MAKE YOUR PRACTICE MORE EFFICIENT AND FULFILLING.

AND WE HAVE RESOURCES TO MAKE YOUR SUBMISSION SHINE:

- CRACK STAFF WHO CAN WORK WITH YOU.
- A MAGAZINE TEAM TO HELP CREATE SIDEBARS AND COMPLEMENTARY STORIES.
- DESIGN PROFESSIONALS TO MAKE YOUR WORDS VISUALLY COMPELLING.
- POSSIBLE PHOTOS AND ARTWORK TO HIGHLIGHT YOUR STORIES.

TO DISCUSS STORY IDEAS, CONTACT TIM EIGO AT 602-340-7310 OR TIM.EIGO@STAFF.AZBAR.ORG. FOR SUBMISSION GUIDELINES, CONTACT THE EDITOR OR GO TO WWW.AZBAR.ORG AND CLICK ON ARIZONA ATTORNEY.



A Publication of the State Bar of Arizona

**Editor**

TIM EIGO  
Tim.Eigo@staff.azbar.org

**Art Director**

LYNDA PETRIE

**Production Coordinator**

LESLIE ROSS

**Advertising  
Sales Manager**

DREW WILLIAMSON  
(602) 340-7230  
Drew.Williamson@staff.azbar.org

**Editorial Board**

MARC LIEBERMAN, CHAIR  
 JEANANN E. BARTELS  
 ERICA BIANCHI-JONES  
 FAITH CHEREE KLEPPER  
 SUSAN KAYLER  
 MARGARET LABIANCA  
 JAMES C. MITCHELL  
 PATRICIA A. NIGRO  
 PAUL NORMAN  
 MELANIE V. PATE  
 LAURA PLIMPTON  
 ROGER A. SCHWARTZ  
 HOWARD SUKENIC  
 JEANNE E. VARNER POWELL  
 RANDALL WARNER

**Addresses**

111 W. Monroe, Suite 1800  
Phoenix, AZ 85003-1742  
(602) 252-4804

320 S. Convent  
Tucson, AZ 85701-2215  
(520) 623-9944

[www.azbar.org](http://www.azbar.org)

Statements or opinions expressed herein are those of the authors and do not necessarily reflect those of the State Bar of Arizona, its officers, Board of Governors, the Editorial Board, or staff. Although advertising copy is reviewed, no endorsement of any product or service offered by any advertisement is intended or implied by publication. *Arizona Attorney* (ISSN 1040-4090) is published monthly, except bimonthly, July/August, by the State Bar of Arizona, located at 111 West Monroe, Suite 1800, Phoenix, Arizona 85003-1742. Periodicals Postage paid in Phoenix, Arizona, and additional mailing offices. Subscription price: \$50 per year; all members except retired: included in dues; \$5.00 per copy. Copyright 2001 by the State Bar of Arizona. All rights reserved. Any copying of material herein, in whole or in part, and by any means, without written permission, is prohibited. Requests for such permission or any correspondence for *Arizona Attorney* should be sent to *Arizona Attorney*. POSTMASTER: Send address changes to *Arizona Attorney*, 111 West Monroe, Suite 1800, Phoenix, Arizona 85003-1742.

Printed on recycled paper

